

August 2009

Dear ONU Intercollegiate Athletes,

The ONU athletic training staff would like to take an opportunity to inform you about ankle taping and bracing procedures that will be taking place starting in the 2009-10 academic year. In the past, the ONU athletic training staff has taped ankles for preventative injury purposes.

We will NO longer be taping intercollegiate athletes for preventative injury purposes. Therefore, if as a student-athlete, you are NOT currently receiving DAILY ankle rehabilitation and treatment, then you will NOT be taped preventatively. The ONU athletic training staff is recommending that student athletes who have had their ankles taped preventatively or have been taped because of a history of ankle sprains should now purchase ankle braces. Many lace-up ankle braces are available, but our staff is recommending the ASO Ankle Stabilizing Orthosis and has provided you with purchase information. This brace has proven itself to the ONU athletic training staff over the years and this is why we are recommending this brace.

ASO Ankle Stabilizing Orthosis

www.esportshealth.com or www.medco-athletics.com – search the above brace and you may purchase online with a credit or debit card.

The ONU athletic training staff wants to ensure you that this decision does not affect the medical care that you will receive. This is a decision that was made out of financial need, but will not jeopardize the safety of the athlete or the quality of care we will provide.

If you have any further questions please contact me at (419) 772-2559 or kwilson1@onu.edu.

Sincerely,

Kurt Wilson

Head Athletic Trainer

Ohio Northern University