



# OHIO NORTHERN UNIVERSITY

## Department of Sports Information

### 2009 - Men's Indoor Track and Field Season Superlatives

**55 Dash - ONU Record 6.37**  
**NCAA Qual. - 6.36, 6.47**  
 Ryan Fleming 6.57 (3/7)  
 Justin Linzy 6.68 (3/6)  
 Dominic Clouse 6.92 (2/6)  
 Tavaras Wells 7.04 (2/6)  
 Jake Schaefer 7.05 (2/6)

**55 Hurdles 7.59**  
**NCAA - 7.55, 7.73**  
 Garrett Brown 8.17 (3/7)  
 Tim Polack 8.20 (3/6)

**200 Dash 22.51**  
 Justin Linzy 23.10 (1/16)  
 Joe Amstutz 23.10 (1/16)  
 Ryan Fleming 23.30 (1/16)  
 Shane Huntley 23.04 (2/6)  
 Travis Althouse 23.56 (2/6)

**300 Dash 35.01**  
 Joe Amstutz 35.45 (3/6)  
 Shane Huntley 36.13 (2/20)  
 Evan Heyman 36.31 (2/20)  
 Jacob Schwab 36.45 (3/6)  
 Travis Althouse 37.43 (2/20)

**400 Dash 48.88**  
**NCAA - 48.86, 49.68**  
 Joe Amstutz 50.46 (1/23)  
 Shane Huntley 51.12 (2/14)  
 Jacob Schwab 51.86 (2/14)  
 Evan Heyman 52.01 (1/16)  
 Chris Fortson 52.07 (2/20)

**500 Run 1:05.55 New!**  
 Joe Amstutz 1:05.55 (3/7)  
 Shane Huntley 1:07.18 (3/7)  
 Chris Fortson 1:07.63 (1/23)  
 Jacob Schwab 1:09.11 (1/23)  
 Jeff Otte 1:10.80 (1/16)

**800 Run 1:49.70-New!**  
**NCAA - 1:52.80, 1:54.85**  
 Jimmy O'Brien 1:49.70  
*ONU Record*  
*NCAA Auto*  
 Joe Amstutz 1:58.76 (2/6)  
 Dan Smith 1:59.84 (2/6)  
 Pat Rachow 2:00.99 (2/6)  
 Corey Bailey 2:01.09 (1/23)

**1,000 Run 2:28.43-New!**  
 Jimmy O'Brien 2:28.43 (1/16)  
*ONU Record*  
 Eric Porter 2:34.94 (3/7)  
 Dan Smith 2:35.46 (2/20)  
 Thomas Adam 2:36.71 (2/20)  
 Travis Isenberg 2:37.09 (2/20)

**1-Mile Run 4:13.46**  
**NCAA - 4:11.00, 4:16.00**  
 Jimmy O'Brien 4:17.55 (1/23)  
 Dan Smith 4:23.32 (3/7)  
 Thomas Adam 4:26.70 (1/16)  
 Eric Porter 4:27.39 (2/6)  
 Alan Bowsher 4:30.98 (2/27)

**3,000 Run 8:49.84**  
 Alan Bowsher 8:50.11 (3/6)  
 Eric Thatcher 8:52.81 (3/6)  
 Thomas Adam 8:53.87 (1/23)  
 Kevin Stack 9:00.17 (1/31)  
 Nick Baker 9:03.02 (1/31)

**5,000 Run 15:10.54-New!**  
**NCAA - 14:30.00, 14:53.00**  
 Thomas Adam 15:10.54 (1/31)  
*ONU Record*  
 Alan Bowsher 15:11.97 (2/14)  
 Paul Lewis 15:37.77 (2/27)  
 Eric Thatcher 15:43.92 (2/14)  
 Jacob Schoenlein 15:46.50 (1/31)

**4x200 Relay 1:29.44**  
 Justin Linzy 1:30.89 (3/7)  
 Ryan Fleming  
 Travis Althouse  
 Jacob Schwab

**4x400 Relay 3:17.15-New!**  
**NCAA - 3:16.80, 3:20.60**  
 Joe Amstutz 3:17.15 (2/21)  
 Shane Huntley *School Record*  
 Evan Heyman *NCAA Prov.*  
 Jimmy O'Brien

**4x800 Relay 7:55.7**  
 Chris Fortson 7:59.83 (1/31)  
 Dan Smith  
 Corey Bailey  
 Jimmy O'Brien

**Dist. Med. Relay 10:09.55**  
**NCAA - 10:00.00, 10:10.00**  
 Jimmy O'Brien 10:18.20  
 Jeff Otte  
 Dan Smith  
 Tobias Deardorff

**High Jump 7-0**  
**NCAA - 6-10.75, 6-7.5**  
 Tim Polack 6-1.5 (1/16)  
 Dominic Clouse 5-8.5 (2/27)

**Pole Vault 16-9.25**  
**NCAA - 16-7.25, 15-4.25**  
 Jacob Weyrauch 14-11 (2/14)  
 Andy Lammers 14-11 (2/27)  
 Paul Metzner 13-11.25 (2/14)  
 Jared Kauffman 13-7.25 (3/7)  
 Chris Biltz 11-11.75 (2/6)

**Long Jump 23-4.5**  
**NCAA - 23-9, 22-10**  
 Dominic Clouse 21-.5 (2/14)  
 Brandon Pritchard 21-0 (1/16)  
 Justin Linzy 20-9.25 (3/6)  
 Tim Yeh 20-5.75 (1/23)  
 Jarred Stevens 19-2.5 (2/27)

**Triple Jump 46-2.25**  
**NCAA - 48-0.75, 46-1.25**  
 Tim Yeh 43-0.25 (1/16)  
 Dominic Clouse 42-6 (3/7)  
 Andy Lammers 40-11 (2/6)  
 Anthony Thomas 38-0.25 (2/20)  
 Jarred Stevens 37-6.25 (1/16)

**Shot Put 52-3**  
**NCAA - 55-5.5, 50-10.25**  
 Anthony Thomas 44-0 (2/27)  
 Josh Stamper 37-10.5 (2/20)  
 Jason Aukerman 32-11.25 (2/6)  
 Justin Masin 32-6.5 (1/16)

**Wt. Throw 57-8**  
**NCAA - 60-2, 54-3.75**  
 Josh Stamper 43-9 (2/20)  
 Jason Aukerman 39-2.5 (2/20)  
 Justin Masin 28-8.25 (1/16)

Joe Amstutz 76.5  
 Jimmy O'Brien 76.5  
 Andy Lammers 58.5  
 Shane Huntley 55.5  
 Alan Bowsher 49  
 Justin Linzy 47.25  
 Tim Polack 44.5  
 Ryan Fleming 39.25  
 Dominic Clouse 38  
 Jacob Weyrauch 37  
 Jacob Schwab 36.25  
 Thomas Adam 36  
 Chris Fortson 33.75  
 Eric Thatcher 31  
 Tim Yeh 29  
 Tony Thomas 28.5  
 Dan Smith 27.5  
 Jeff Otte 27.25  
 Eric Porter 23.75  
 Paul Lewis 23  
 Brandon Pritchard 22  
 Brent Hiser 21  
 Kevin Stack 20.25  
 Nick Baker 17.25  
 Jared Kauffman 17  
 Tobias Deardorff 15.5  
 Evan Heyman 15  
 Patrick Rachow 13  
 Travis Althouse 11.5  
 Mike Johnson 11.25  
 Josh Stamper 11  
 Paul Metzner 10.5  
 Travis Isenberg 10.25  
 Jacob Schoenlein 10  
 Steve Darmon 7.25  
 Alex Benson 6.25  
 Jarred Stevens 6  
 Tavaras Wells 6  
 Corey Bailey 5.5  
 Ben McPherson 5  
 Garrett Brown 4  
 Nick Swinford 4  
 Jason Aukerman 3  
 Jeff West 2  
 Chris Biltz 2  
 Justin Masin 1  
 Robert Money 1

(Updated 3/15/09)